Warm-up Schedule - 8 & Under Regional Swim Championships
March 10-11, 2012

WARM UP 1<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<

Saturday and Sunday - Warm-up 9:00 – 9:20 AM Competition Pool

1) Crescent City Swim Club
2) Crescent City Swim Club
3) Crescent City Swim Club
4) Elmwood Sharks
5) Elmwood Sharks
6) Elmwood Sharks
7) Elmwood Sharks
8) Elmwood Sharks

Saturday and Sunday - Warm-up 9:00 – 9:20 AM Shallow End

1) Open
2) Open
3) Open
4) Open
5) Open
6) Open
7) Open
8) Open

WARM UP2<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<

Saturday and Sunday - Warm-up 9:20 – 9:40 AM Competition Pool

1) Nu Wave Swim Club
2) Nu Wave Swim Club
3) Nu Wave Swim Club
4) Nu Wave Swim Club
5) Nu Wave Swim Club
6) La Storm Aquatics
7) Nord Aquatic Jets
8) Open

<u>Saturday and Sunday - Warm-up 9:20 – 9:40 AM Shallow End</u>

1) FINS
2) FINS
3) South La Swim Team
4) South La Swim Team
5) South La Swim Team
6) South La Swim Team
7) South La Swim Team
8) South La Swim Team

WARM UP 3<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<
<u>Saturday and Sunday - Warm-up 9:40 – 10:00 AM Competition Pool</u>

1) COLA
2) COLA
3) COLA
4) Pelican
5) Bayou Barracuda
6) Hurricanes
7) Tiger Aquatics
8) Tiger Aquatics

<u>Saturday and Sunday - Warm-up 9:40 – 10:00 AM Shallow End</u>

1) Crawfish Aquatics
2) Crawfish Aquatics
3) Crawfish Aquatics
4) Crawfish Aquatics
5) Crawfish Aquatics
6) Crawfish Aquatics
7) Crawfish Aquatics
8) Crew/Bulldog

<u>Open Lanes in shallow end will be available during warm-ups. They will also be available during meet. All teams must yield lanes if instructed by life guards or pool management</u>
<u>Remember….Sunday starts Daylight Savings Time</u>